

University Club of Rockford Lunch Menu



STARTERS

Homemade French Onion Dip: with our famous U Club potato chips. \$7

Chicken Tenders: Four chicken tenders served with BBQ sauce. \$8

Fried Pork Potsticker: 8 crispy fried pork potstickers served with sweet chili sauce. \$10

Dill Ranch Dip: Dill ranch dip- served with cucumber, carrots, and celery sticks. \$8

Cheese Curds: Cheese curds with roasted pepper aioli. \$9

Bruschetta: Toasted crostini's topped with marinated tomato, onion, garlic, fresh basil, and balsamic then finished with parmesan cheese. \$11

UCLUB SPECIALTIES

Shrimp & Peppers: 6 Jumbo Shrimp sauteed with thyme, garlic, roasted red peppers, and lemon juice, served with wild rice pilaf. \$17

Eggroll Bowl: Prime Angus ground sirloin sauteed with shredded cabbage, carrots, green onion, garlic, and a savory sweet soy sauce. \$14 (*Add chicken \$7; seared ahi tuna \$10; grilled salmon \$13; jumbo grilled shrimp \$12*)

Crab & Lobster Salad: Mixture of crab & lobster salad mixed with celery, onion, dill, lemon juice, and mayonnaise served on a bed of romaine, with cherry tomatoes, and crostini's- choice of dressing. \$15

Sandwiches & Wraps

All Sandwiches come with your choice of side: U Club Chips, Fresh Fruit, French Fries, Cottage Cheese, or Coleslaw. Upgrade to Sweet Potato Fries \$2

Soup Of The Day: Cup \$7 or Bowl \$8; Add A Cup Of Soup To A Sandwich \$3

Side Salad with Cup of Soup: \$14

Build Your Sandwich: Whole Sandwich \$11 Or Half Sandwich \$9

- **Breads:** Whole wheat, hearty white, marble rye, flour tortilla, or buttery croissant, add \$2 for gluten-free bun, bread, or gluten free wrap.
- **Meats:** Roast beef, roast turkey, ham, herb chicken salad, egg salad, tuna salad, and Applewood-smoked bacon
- **Cheese:** American, Swiss, Cheddar, Pepper Jack Cheese, Bleu cheese crumbles, Gouda, and Provolone

8-ounce Forbes Burger: Hand pattied Angus ground beef grilled to desired temperature and served on a potato brioche bun with lettuce, tomato, onion, and your choice of side. \$18 (add bacon \$0.99) Black bean is \$15, Chicken \$16, Grilled Salmon \$18

Black Russian: Marble rye, Russian dressing, corned beef, roast beef, and sauerkraut. \$16

French Dip: Thinly sliced beef, toasted hoagie, provolone cheese, and au jus. \$15

Lemon & Dill Tuna Salad Toast: Dill and lemon tuna salad served on top of wheat toast with sliced tomato, and avocado. \$16

Three Cheese Quesadilla: Flour tortilla, pepper jack cheese, cheddar, and provolone. \$14
(Add chicken \$7; seared ahi tuna \$10; grilled salmon \$13; jumbo grilled shrimp \$12)

B.L.T.A.S Wrap: Flour tortilla, loaded with bacon, lettuce, tomato, mayo, salmon gravlax, and avocado. \$16

Country Chicken Salad Croissant: Toasted croissant, lettuce, tomato, chicken salad, grapes, apples, and walnuts. \$15

GREENS

Caesar Salad: Romaine lettuce tossed with house made Caesar dressing, croutons, parmesan cheese, and boiled egg. \$10

Greek Salad: Romaine, feta, kalamata olives, tomato, onion, cucumber, and oregano feta vinaigrette. \$11

Burrata & Tomato Salad: Arugula, tomato, red onion, balsamic syrup, E.V.O.O. toasted crostini \$12

Summer Berry Salad: Arugula tossed with raspberry vinaigrette, topped with bleu cheese crumbles, almonds, avocado, strawberries, and blueberries. \$12

Italian Chopped Salad: Romaine topped with piles of salami, pepperoni, red onion, cucumber, shredded mozzarella cheese, kalamata olives, roasted pepper and served with Italian dressing. \$12

Club Salad: Romaine topped with Swiss, cheddar cheese, ham, turkey, bacon, tomato, and red onion, served with choice dressing. \$11

(Add chicken \$7; seared ahi tuna \$10; grilled salmon \$13; jumbo grilled shrimp \$12)

Salad Dressing Choices: Poppyseed, Raspberry Vinaigrette, French Dressing, Caesar, Ranch, Creamy Bleu Cheese, Stoneground Mustard Vinaigrette, Italian, Balsamic Vinaigrette, and Honey Mustard.