

UNIVERSITY CLUB OF
ROCKFORD

LUNCH

EST. 1888

STARTERS

CHIPS & FRENCH ONION DIP | 9
house made chips,
creamy french onion dip

FRIED PORK POTSTICKERS | 12
8 crispy fried pork potstickers,
sweet chili sauce

CEDAR SMOKED SALMON DIP | 12
Smoked salmon dip, toasted crostini

ONION RINGS | 11
fried onion rings, dill ranch dip

CHEESE CURDS | 10
fried cheese curds,
roasted pepper aioli

MARINATED MANCHEGO | 11
herb marinated manchego cheese,
crusty baguette

BRUSCHETTA BURRATA TOAST | 10
heirloom tomatoes, burrata cheese,
basil, balsamic reduction, olive oil,
whole wheat toast

CHICKEN TENDERS | 11
4-piece chicken tenders,
bbq sauce

SALADS

NICOISE SALAD | 14
mixed greens, kalamata olives,
roasted red peppers, roasted red
potatoes, green beans, hardboiled
egg, stoneground mustard vinaigrette

BERRY SALAD | 14
mixed greens, blueberries,
strawberries, raspberries, red onion, walnuts,
raspberry vinaigrette dressing

CLASSIC CAESAR | 10
romaine lettuce, caesar dressing,
croutons, parmesan cheese, boiled egg

QUINOA GREEK SALAD | 14
tri color quinoa, kalamata olives,
heirloom tomatoes, red onion,
feta cheese, cucumber,
red wine vinaigrette

SIDE SALAD | 7
romaine lettuce, heirloom tomato,
cucumber, cheddar cheese, croutons

SOUPS

CUP | 7 BOWL | 8

SOUP OF THE DAY

DELI BOARD

Full Sandwich **\$12**
½ Sandwich **\$9**
Sandwiches are served with
House Made Chips

BREAD
white, wheat, marble rye,
gluten-free bun, bread,
gluten free wrap

PROTEIN
turkey breast, ham, roast
beef, bacon, chicken
salad, tuna salad or egg
salad

CHEESE
American, Swiss,
Cheddar, Pepperjack,
Gouda, Provolone,
Bleu Cheese Crumbles

SALAD ADD ON'S

ADD GRILLED CHICKEN | 7

ADD SEARED AHI TUNA | 10

ADD GRILLED SALMON | 12

ADD 6 GRILLED SHRIMP | 12

SALAD DRESSINGS

Raspberry Vinaigrette
French
Thousand Island
Caesar
Ranch
Creamy Bleu Cheese
Stoneground Mustard Vinaigrette
Italian
Balsamic Vinaigrette
Honey Mustard

HANDHELDS

*handhelds are served with your choice of
house made chips, french fries or fruit*

FORBES BURGER | 18
8oz beef burger, lettuce, tomato,
onions, brioche bun
Add: bacon **\$2**
Sub:
Black bean burger **\$15**
Chicken breast **\$16**
Grilled salmon **\$18**

**GRILLED CHICKEN &
STRAWBEERY WRAP | 15**
grilled chicken, strawberries,
tomatoes, chopped walnuts,
lettuce, feta cheese, tortilla

LOBSTER ROLL | 22
toasted New England bun, celery,
tarragon, lemon aioli

UCLUB SANDWICH | 15
3 slices of wheat toast, swiss,
cheddar, mayo, lettuce,
tomato, ham, turkey, bacon

**CAROLINA B.B.Q.
PULLED PORK SANDWICH | 17**
brioche bun, carolina bbq
pulled pork topped
with cole slaw

**WALDORF CHICKEN SALAD
CROISSANT | 16**
chicken salad, grapes, apples,
walnuts, lettuce, tomato, croissant

ITALIAN BEEF SANDWICH | 16
thinly sliced beef, hoagie roll,
provolone cheese, giardiniera, au jus

SHRIMP & PEPPERS | 17
roasted red peppers, garlic, lemon,
served with wild rice pilaf

SESAME AHI TUNA TACO | 18
sesame crusted ahi tuna, white corn
tortilla, shredded cabbage,
teriyaki sauce

NY STRIP STEAK SANDWICH | 16
7oz strip steak, caramelized onions,
garlic butter hoagie roll, au jus

**GRILLED CHICKEN BACON
CAESAR WRAP | 15**
grilled chicken, bacon, romaine,
parmesan cheese, caesar
dressing, flour tortilla